

Next Level Football Academy

BC/Greater Vancouver Area Camp

Academy Information, Description, and Details

Who: Football Players from ages 13-18 in British Columbia of all positions and skill levels.

What: Football Camp for all positions led by 8 CFL players showcasing the importance of the Canadian game with a true professional practice environment implementing film study and football IQ along with technical skills and improving physical ability.

Why: Our founders Riley Pickett & Josh Hagerty of the BC Lions want to showcase how to make the CFL for young athletes of all positions and grow the game of football in BC.

Where: Centennial Secondary School, 570 Poirier St. Coquitlam, BC

When: April 11-12th; 2026; 9am-4pm

Staff: Riley Pickett, Josh Hagerty, Mike Couture, Patrice Rene, Kieran Poissant, Jackson Findlay, Tibo Debaille, Jacob Bond, Stefan Flintoft, Alex La Vecchia.

Quick Summary:

- O vs D team time & Scrimmage
- Indy's for all positions with a coach
- Core 4 special teams work in all phases of the game
- Safe open field tackling, blocking, rushing, hand & feet drills, body control
- Personalized position training, competitive 1 on 1's, full team compete periods, thunderdome
- Individual position skill development period for all positions
- **Film study:** CFL cutups from both game and practice of professional teach tape examples
 - Teaching all athletes how to watch film, prepare for an opponent, how to self critique, and how to continue incremental growth
 - Specialists (snappers/kickers) will have their own personal film review sessions from previous field session
- **Safe Supplement Seminar**
 - Will be hosted by Supplement World
 - Informed choice products and safe supplement use
 - Benefits for on field performance and off season training
- **Active Recovery session**
 - Will be guided by a certified Yoga instructor
 - Displaying importance of mobility, end range joint strength, and flexibility
 - Injury prevention and hurdling over plateaus athletes may face

- Lunch: 1 hour, will be provided to the athletes
- Total academy hours: 9am-12pm ; 12pm-1pm lunch ; 1pm-4pm
- Jerseys and t-shirts will be provided
- Athletes must provide their own helmet & shoulder pads, athletic wear, water bottle, cleats, and any other gear desired.
- Cost: \$275 per athlete until Feb 2nd. \$300 per athlete onwards.

Academy Schedule

April 11th:

8:00AM: Registration

9:00AM-11:00AM: Field Session

11:00AM-12:00PM: Film Session

12:00PM-1:00PM: Lunch

1:00PM-3:00PM: Field Session

3:00PM-4:00PM: (Yoga) Recovery, Mobility, Flexibility Session

April 12th:

9:00AM-11:00AM: Field Session

11:00AM-12:00PM: Film Session

12:00PM-1:00PM: Lunch & Supplement Seminar

1:00PM-3:30PM: Field Session

3:30PM-4:00PM: Questions and Closing Remarks

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